WELLY BOOT WOODS • FREE NURSERY & SCHOOL TRANSITION KEEPSAKE

The 'Pocket Hug' Pebble Poem & Courage Stone Ritual

Inspired by Book 4 in the Welly Boot Woods series, *Nutmeg's Pocket Hug*. Pair this printable poem card with a smooth, wash-proof pebble (at least 4–5 cm wide for under-3s) so your child can carry a tangible piece of your love in their pocket all day long.

Nutmeg's Pocket Hug Poem

Here is a little pebble, smooth and round and small,
To hold inside your pocket when the classroom feels too tall.

Before we wave goodbye today, I squeezed it tight for you,
And filled it up with golden hugs to last the whole day through.

So if you miss my cuddle, or your tummy feels a flutter,
Just reach inside your pocket for the love we gave each other.

Give this stone a gentle squeeze—my hug is always there,
Until I'm back to scoop you up and hear what you will share!

How to Use the 4-Step 'Pocket Hug' Ritual at Drop-Off

1. Choose Your Courage Stone Together: On a calm weekend walk, hunt for a smooth pebble that fits comfortably in your child's palm.

2. Charge the Pebble Before Leaving Home: Press the stone between both your palms and your child's palms for 5 seconds to 'fill it with a giant golden hug'.

3. Tell Their Key Person or Reception Teacher: Let the teacher know on the doorstep: *'Leo has his Pocket Hug pebble in his jumper pocket today!'*

4. Recharge It at Pick-Up Time: At the end of the day, ask your child: *'Did your pebble still have any hugs left, or does it need a big recharge for tomorrow?'*

Read the Full Woodland Story Behind This Poem:
Nutmeg's Pocket Hug (A Welly Boot Wood Story) follows shy little Nutmeg the Hedgehog as Ruby Robin and Mummy Hedgehog show her how a smooth grey pebble can hold a warm golden hug at the noisy Woodland Gathering.
• **Activity Guide & Tips:** wellybootwoods.co.uk/resources/pocket-hug-pebble-poem-activity.html
• **Order on Amazon UK (£9.99 Paperback):** amazon.co.uk/dp/B0H32NJPDJ

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